



RUN FOR RIDGEBACKS VIRTUAL MARATHON

100% of the profits going to Rhodesian Ridgeback Welfare Trust



KICK OFF 2021 BY
GETTING FITTER!

TO TAKE PART, SIMPLY PLEDGE £10 (OR MORE IF YOU WISH) TO RESERVE YOUR ENTRY TICKET. THEN EMAIL OUR EVENTS COORDINATOR ANDRIA KERR (ANDRIAKERR@GMAIL.COM) TO RECEIVE THE FULL DETAILS. YOUR PLEDGE CAN BE PAID BY BANK TRANSFER (HSBC BANK, SORT CODE 40-15-24 ACC NO 01065181), CHEQUE PAYABLE TO M&NRRC & SENT TO 6 PLEASANT VIEW, WETHERAL, CUMBRIA CA4 8JF OR PAYPAL (GILL.MANDNRRCCLUB@HOTMAIL.COM) – PLEASE USE THE FRIENDS & FAMILY OPTION. IF PAYING BY BANK TRANSFER OR PAYPAL, PLEASE USE YOUR SURNAME AND MARATHON AS A REFERENCE. PLEASE DO NOT SEND DONATIONS DIRECT TO RRWT AS WE DO NOT HAVE ACCESS TO THEIR BANK ACCOUNTS SO WILL BE UNABLE TO VERIFY IF YOU HAVE PAID. ONCE YOU'VE COMPLETED YOUR 26.2 MILES, RETURN THE COMPLETION FORM TO ANDRIA TO CLAIM YOUR MEDAL.

YOU HAVE 30 DAYS TO COVER A STANDARD MARATHON DISTANCE OF 26.2 MILES & YOU CAN DO IT BY RUNNING, WALKING, CYCLING, SWIMMING OR A COMBINATION. EVERYONE WHO COMPLETES THE MARATHON WILL RECEIVE A UNIQUE MEDAL (SHOWN ABOVE). YOU CAN COMPLETE YOUR MARATHON IN EITHER JANUARY OR FEBRUARY, AS LONG AS YOU COMPLETE IT WITHIN 30 CONSECUTIVE DAYS.